

FATsteria: Best GMO & Fake Food Memes

Children of the corn syrup, all food used to be organic (before eugenics), GMO foods = GMO humans, if supermarkets have a health sections (what's the rest of the store?) & more GMO & fake food memes!

FEB 16, 2024

27 23 2 Share ...

We hear alot about fake meat and eating ze bugs, but the garbage Americans call food is full of other hazards:

BUSINESS

80% of Americans test positive for chemical found in Cheerios, Quaker Oats that may cause infertility, delayed puberty: study

By Shannon Thaler

Published Feb. 15, 2024, 9:24 a.m. ET

Four out of five Americans are being exposed to a little-known chemical found in popular oat-based foods — including Cheerios and Quaker Oats — that is linked to reduced fertility, altered fetal growth and delayed puberty.

The Environmental Working Group published a [study](#) in the Journal of Exposure Science & Environmental Epidemiology on Thursday that found a staggering 80% of Americans tested positive for a harmful pesticide called chlormequat.

The “highly toxic agricultural chemical” is federally allowed to be used on oats and other grains imported to the US, according to the EWG.

When applied to oat and grain crops, chlormequat alters a plant’s growth, preventing it from bending over and thus making it easier to harvest, per the EWG.

[80% of Americans test positive for chemical found in Cheerios, Quaker Oats that may cause infertility, delayed puberty: study](#)



Here is something better than eating Cheerios:

I spent 20 years studying foods 100-year-old people eat—and this is the world’s No. 1 healthiest breakfast

Published Sat, Dec 2 2023 9:40 AM EST • Updated Sat, Dec 2 2023 11:46 AM EST



Dan Buettner, Contributor

As a longevity researcher, I’ve spent the past 20 years studying the habits of people who live to 100 years old or longer, particularly the foods they eat.

And in a tucked-away corner of Nicoya, Costa Rica, I may have found the world’s healthiest breakfast.

Just make sure the corn and beans are not GMOs sprayed with all sorts of chemicals...

*You can check out if his **Blue Zone** books are worth buying on [PDF Drive here](#) or perhaps Z Library if you have a Tor Browser:*

Dan Buettner is an explorer, longevity researcher, National Geographic Fellow, and award-winning journalist and producer. He is also the author of the best-selling books “The Blue Zones: Lessons for Living Longer from the People Who’ve Lived the Longest” and “The Blue Zones Solution: Eating and Living Like the World’s Healthiest People.” Follow Dan on Instagram @danbuettner.

He had also written a few articles for National GeoWokegraphic Magazine - among the few articles in the increasingly unreadable magazine worth reading:

- *The 5 'Blue Zones' where the world’s healthiest people live*
- *This American diet could add 10 years to your life*
- *These traditional diets could lead to long lives*

Anyway...

We have done some fat + body positivity memes already:

FATsteria: Best Body Positivity aka Fat Memes (Supersize Everyone!)

They want us fat, unhealthy & docile. Times have changed in America, Lizzo is such a big target, "high calorie humans" and...

OCT 27, 2023



And now for some GMO and fake food memes...

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The FDA and Big Food hates Americans:

U.S. Version 	U.K. Version 
 <p>Ingredients: Whole Grain Rolled Oats, Sugar, Creaming Agent (Maltodextrin, Sunflower And Palm Oils, Whey, Sodium Caseinate), Flavored And Colored Fruit Pieces (Dehydrated Apples [Treated With Sodium Sulfite], Artificial Strawberry Flavor, Citric Acid, Red 40), Salt, Guar Gum, Artificial Flavor, Citric Acid, Niacinamide, Vitamin A Palmitate, Reduced Iron, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Folic Acid.</p>	 <p>Ingredients: Quaker Wholegrain Rolled Oats, Sugar, Freeze Dried Raspberry Pieces, Freeze Dried Strawberry Pieces, Natural Flavouring.</p>

I remember years ago hearing that birds will NOT eat Margerine if you leave it out for them BUT they will eat normal butter - have never tried it as an experiment:





Made by crushing soybean seeds, then washing the resulting seed cake with petroleum-based solvents, before adding sodium hydroxide/carbonate to make soap to get rid of the rancid fatty acids, before removing the soap with a centrifuge, and washing it again to get rid of excess soap, then treating with hot acidic water to degum it, then bleaching it and filtering it, then deodorizing it with steam and citric acid before bottling it in transparent plastic bottles

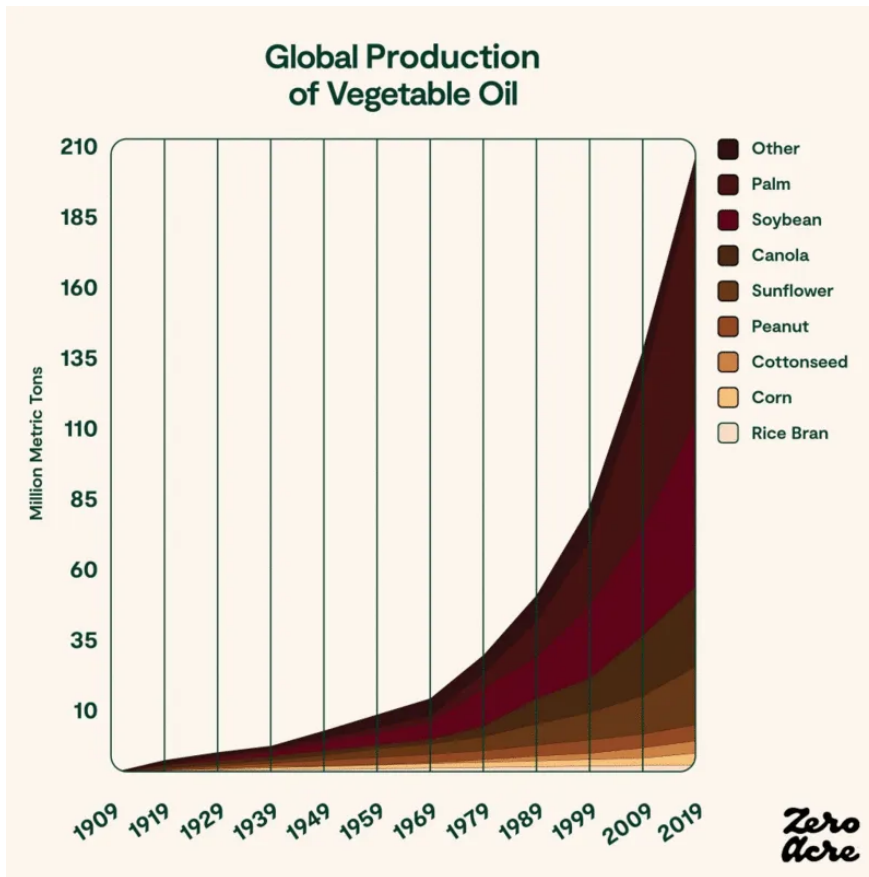
HEART HEALTHY



Made by vigorously shaking milk cream

DANGEROUS

That's a lot of mostly unhealthy fried foods:



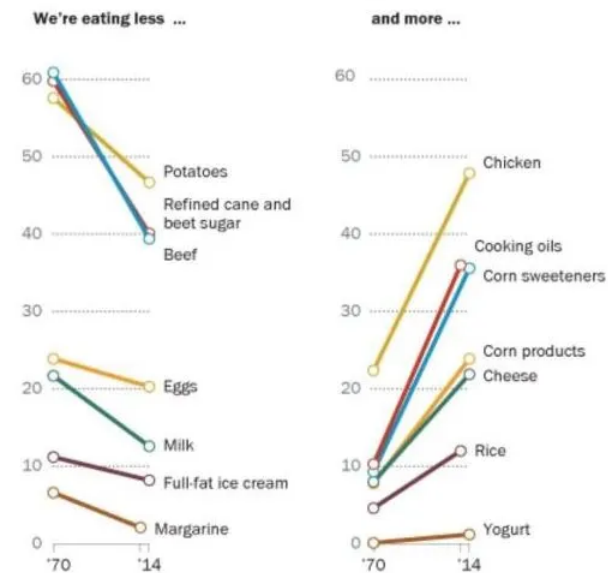
The Hateful Eight



Always ultra-processed and never natural.
These oils are toxic to your health

How the American diet has changed since 1970

Average annual per capita availability, in pounds



Note: Figures adjusted for spoilage and other losses. Milk and yogurt are measured in gallons. Most recent available year for "cooking oils", "rice" and "margarine" is 2010. "Potatoes" includes fresh, frozen, dehydrated, canned, shoestring and chips.

Source: USDA Economic Research Service; Pew Research Center analysis

PEW RESEARCH CENTER

CHILDREN OF THE CORN SYRUP



They tell you these are bad



So they can sell you these instead



Stop Blaming Animal Foods:



For What This Junk Did:



PRETTY INSANE THAT 90% OF FOODS IN GROCERY STORES DIDN'T EVEN EXIST 100 YEARS AGO... (AND NEITHER DID 90% OF THE DISEASES.)





A friendly reminder:



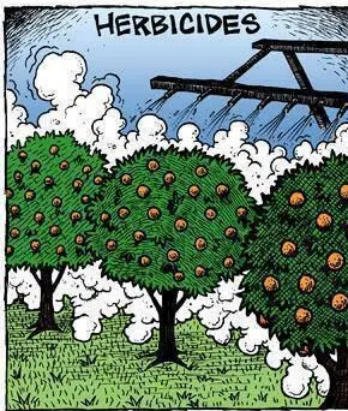
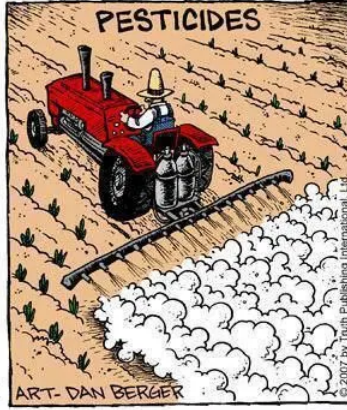
**FIRST THEY MODIFIED WHEAT
GENETICALLY.**



**THEN THEY
MODIFIED VEGETABLES.**

COUNTERTHINK

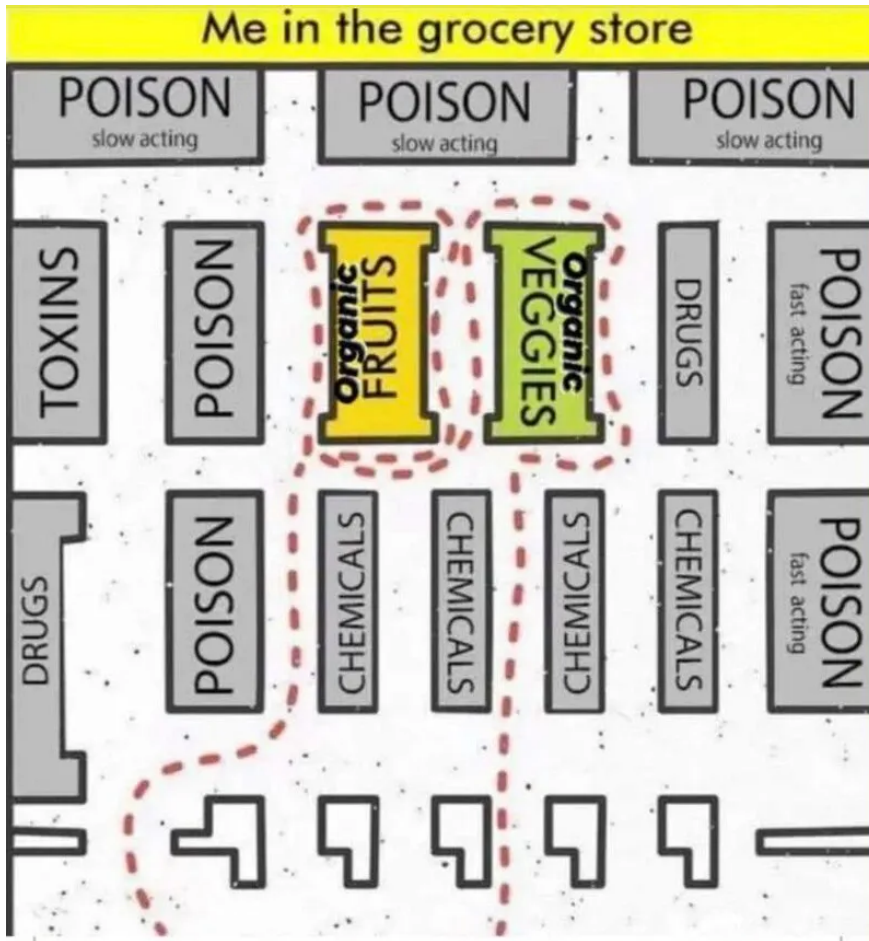
"THE MANY 'CIDES OF MODERN FOOD PRODUCTION"

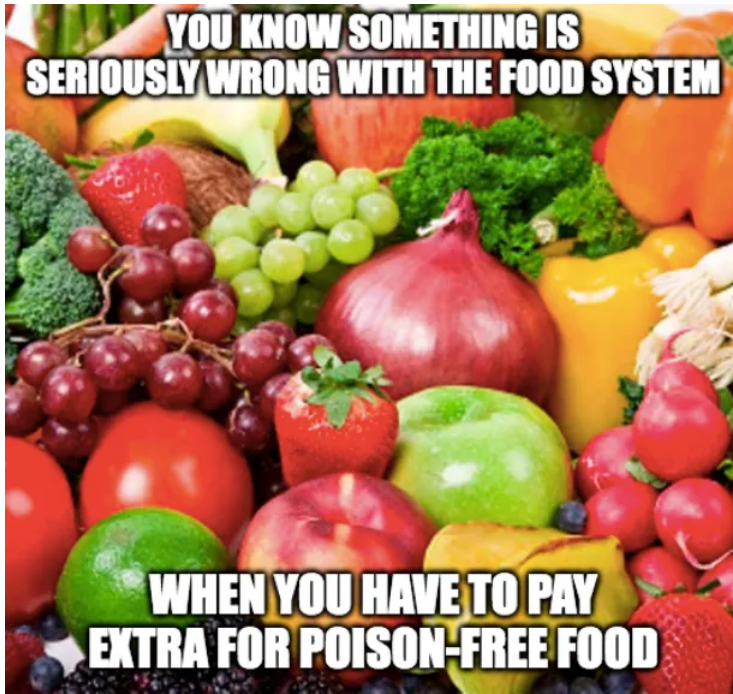


SOME BRANDS THAT USE MONSANTO PRODUCTS

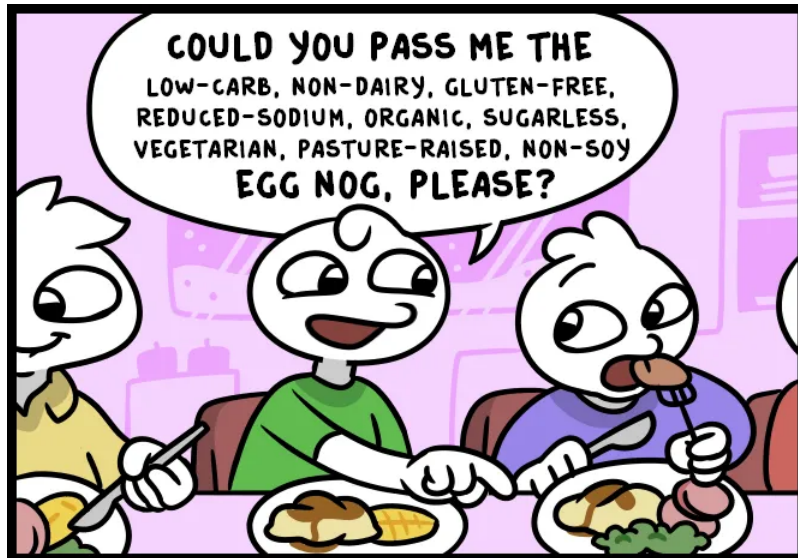


Be careful with so-called organic food as its often-overpriced stuff that's not so organic as they paid off the organic lobby to get the label:





No:



Grow your own food while they still allow it:

UK NEWS WEBSITE OF THE YEAR

The Telegraph Log in ☰

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Carbon footprint of homegrown food five times greater than those grown conventionally

The study found individual garden infrastructure responsible for increased levels of CO₂.

[Carbon footprint of homegrown food five times greater than those grown conventionally.](#)



1800 - 50% of Americans were farming

1945 - Americans grew 45% of their food in their backyard garden

2022 - Americans grow 1% of their food in their backyard gardens



The final word:

When people find out



what you put in their food



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* Tags updated as of February 7, 2024.

BIDENsteria

- *Biden Corruption Memes, Biden Documents Memes, Biden Falling Off His Bike Memes, Biden Ice Cream Memes, Biden PIGEONgate Memes, Dark Brandon Memes, Jill Biden Memes, Joe Biden Memes, Hunter Biden Memes, Let's Go Brandon Memes & Pedo Pete Memes*

BIG PHARMA, HEALTH CARE & SCIENTICISM

- *Big Pharma Memes, Euthanasia Memes, Fake Science Memes, Fat + Body Positivity Memes, Health Alert Memes, Health Care Memes, Moderna Memes, Pfizer Memes & Science Memes*

BIG TECH, CENSORSHIP & SOCIAL MEDIA

- *Bill Gates Memes, Censorship Memes, Elon Musk Memes, Facebook Memes, Mark Zuckerberg Memes & Twitter Memes*

CHINAsteria

- *China Memes, Chinese Spy Balloon Memes, COVID Lab Leak Memes & Taiwan Memes*

COVIDsteria Psyop

- *COVID Amnesty Memes, COVID Hypocrisy Memes, COVID Lab Leak Memes, COVID Lockdown Memes, COVID Mask Memes, COVID Memes, COVID Propaganda Memes, COVID Satire Videos, COVID Science Memes, COVID Variant Memes, Fauci Memes, Public Health Memes, Tedros Memes & WHO Memes*

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- *Education Memes, Public School Memes, Student Loan Forgiveness Memes & Woke University Memes*

ELECTIONsteria & POLITICALsteria

- *Abortion Memes, AOC Memes, Boris Johnson Memes, Chris Christie Memes, Citizens for Sanity Memes, Dianne Feinstein Memes, Donald Trump Memes, Dr. Oz Memes, Election Fraud Memes, Election Memes, Gavin Newsom Memes, GOP Memes, Government Memes, Illegal Immigration Memes, Kamala Harris Memes, Kevin McCarthy Memes, King Charles Memes, Libertarian Memes (Argentina + Milei), Liz Cheney Memes, Liz Truss Memes, Michelle Obama Memes, Nancy Pelosi Memes, Nimarata "Nikki Haley" Randhawa Memes, Obama Memes, Paul Pelosi Memes, Political Memes, PayPal Memes, Project Veritas Memes, Queen Elizabeth Memes, Roe v Wade Memes, Ron DeSantis Memes, Social Credit Score Memes, Student Loan Forgiveness Memes & Trudeau Memes*

FBI & FEDs

- *Durham Report Memes, False Flag Memes, FBI Hypocrisy Memes, FBI Memes, FED Memes, IRS Memes, January 6th Memes, Mar-A-Lago Raid Memes, Patriot Front Memes & Trump Arrest Memes*

GLOBAL WARMINGsteria

- *Dutch Farmer Memes, Earth Day Memes, Electric Vehicle (EV) Memes, Gas Stove Ban Memes, Global Warming Memes, Greta Thunberg Memes & Ohio Train Derailment Memes*

GREAT RESET & WEF

- *Davos Memes, Great Reset Humor, Great Reset Jokes, Great Reset Memes, Great Reset Satire Videos, Klaus Schwab Memes & WEF Memes*

GREAT RESET RESISTANCE

- *Canadian Trucker Memes, Conspiracy Theory Memes, Dutch Farmer Memes, Great Reset Resistance Memes, Great Reset Resistance Quotes, Memer Memes & Memes*

GUN CONTROL

- *Crime Memes, Gun Control Memes, Mass Shooting Memes, Police Memes, Retail Theft Memes & Uvalde Memes*

HOLIDAYsteria

- *Christmas Memes, Columbus Day Memes, Halloween Memes, Holiday Memes, July 4th Memes, Memorial Day Memes & Thanksgiving Memes*

IILEGAL IMMIGRATION

- *Illegal Immigration Memes & Martha's Vineyard Memes*

MEDIAsteria

- *Brian Stelter Memes, CNN Memes, Fox News Memes, Joe Rogan Memes, Media Memes, NPR Memes, PBS Memes, Taylor Lorenz Memes, Tucker Carlson Memes & Washington Post Memes*

MONKEYsteria Psyop

- *Monkeypox Memes*

PRIDEsteria & PEDOsteria

- *Balenciaga Memes, Bud Light Memes, Dalai Lama Memes, Gender Memes, Groomer Memes, Jeffrey Epstein Memes, Monkeypox Memes, Pedo Pete Memes, Pride Month Memes, Sam Brinton*

Memes, Transgender Memes & Transwomen in Women's Sports Memes

RACEsteria

- [Affirmative Action Memes](#), [Black History Month Memes](#), [Race Memes](#) & [Scott Adams Memes](#)

RANDOM PSYOPs or NOISE

- [Australia Memes](#), [British Memes](#), [California Memes](#), [Canada Memes](#), [Feminism Memes](#), [France Memes](#), [Miscellaneous Memes](#), [Taylor Swift Memes](#) & [UFO Memes](#)

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- [Baby Formula Shortage Memes](#), [Bank Collapse Memes](#), [Bidenomics Memes](#), [Digital Currency Memes](#), [Egg Shortage Memes](#), [High Gas Price Memes](#), [Inflation Memes](#), [Inflation Reduction Act Memes](#), [Jim Cramer Memes](#) & [Recession Memes](#)

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- [Brittney Griner Memes](#), [FTX Memes](#), [General Milley Memes](#), [Middle East War Memes](#), [Nord Stream Memes](#), [Putin Memes](#), [Russia Invades Ukraine Memes](#), [Russia Memes](#), [Ukraine Biolab Memes](#), [Ukraine Corruption Memes](#), [Ukraine Hypocrisy Memes](#), [Ukraine Nazi Memes](#), [WW3 Memes](#) & [Zelensky Memes](#)

VACCINES

- [Damar Hamlin Memes](#), [Died Suddenly Memes](#), [Moderna Memes](#), [Novak Djokovic Memes](#), [Pfizer Memes](#), [Sudden Adult Death Syndrome Memes](#), [Vaccine Booster Memes](#), [Vaccine Hesitancy Memes](#), [Vaccine Karma Memes](#), [Vaccine Memes](#), [Vaccine Passport Memes](#) & [Vaccine Side Effect Memes](#)

VIDEOS

- [Alex Stein Videos](#), [Awaken With JP Videos](#), [Satire Videos](#) & [Steve Inman Videos](#)

WOKE CORPORATIONS & ORGANIZATIONS

- [Balenciaga Memes](#), [DuckDuckGo Hypocrisy Memes](#), [Big Tech Memes](#), [Bud Light Memes](#), [Hollywood Memes](#), [Miller Light Memes](#), [Netflix Memes](#), [Super Bowl Memes](#), [Woke Corporations](#), [Woke Disney Memes](#), [Woke Military Memes](#) & [Woke Target Memes](#)



COVIDsteria: An Oral History of America's Great Reset (Table of Contents) is a fictional satire along the lines of a [Studs Terkel](#) oral history or [Max Brooks' World War Z](#) published as a *serialized book* on [Substack](#) while **Tales From the Great Reset** is our occasional satirical short-story series and **BREAD&CIRCUSES** posts are weekly humor roundups. In addition, check out our [Community + Links to Alternative COVID & Great Reset Resources...](#)



27 Likes · 2 Restacks

23 Comments



Write a comment..



Gordon Shumway · Gordon's Substack · Feb 16

Produce is 95% of what I buy in the grocery store. And the last time I saw a doctor was after an injury in 2018. The doctor prescribed morphine pills for 3 days. The most old-fashioned, least-processed narcotic, and only as long as needed. Then the shoulder healed up fine without any surgery, just physical therapy. 64 and all systems functioning just fine. No prescription drugs since then. I don't remember the last time I used an OTC med, but at least 6 months. Going skiing next week! Paying for the trip with all the money I didn't spent on various "health care" deductibles, copays, and pills. I care for my own health, thank you.

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V. Dominique · Flock and Herd · Feb 16 · *edited Feb 16*

I recommend doing more research on the so-called Blue Zone diets. The author is guilty of both cherry picking and misrepresenting what those people actually eat. For example, the Okinawans eat pork and fish with every meal yet the author attributes their longevity to a "plant-based" diet. The Okinawans also seem to be the only people in Japan whose ancestors never adopted a vegetarian diet.

<https://benjamindavidsteele.wordpress.com/2019/05/28/blue-zones-dietary-myth/>

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1 reply

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